

Snacking industry remains resilient despite rising consumer costs and economic headwinds

Many families are adjusting to an uncertain economic environment that is driving up everyday costs for consumers across North America. Families are becoming more selective and price conscious with everyday purchases. However, in the face of rising costs, the snacking industry has continued to experience growth, with the average individual consuming a food or beverage as a snack 11 times a day.

In this guarter's Recap, we highlight some factors that support the positive outlook in the snacking industry, even as consumers manage rising costs.

1 Meal replacement options

Post pandemic, there has been a noticeable shift towards snacks serving as meal replacements. Studies show that one-fifth of adults consume a diet of five or more small meals as opposed to three large meals, an increase of 7% relative to prepandemic levels. Consumers are seeking convenient and nutritious options to replace traditional meals, particularly at breakfast and lunch.

This divergence from conventional consumption patterns is driven by time constraints, health-consciousness and the desire for portion control. Brands have increasingly introduced snacks formulated with balanced macronutrients, including proteins, fibres and healthy fats, to cater to the growing demand for convenient meal alternatives.

2 Return to portable snacks

The snacking industry is experiencing a heightened demand for convenient, graband-go options, with one-fifth of all eating occasions taking place away from home as people resume commuting, traveling and engaging in activities. Snacks that are easily portable, individually portioned, and mess free continue to gain traction.

According to Nielsen, the sale of snack bars in Canada witnessed significant growth in 2023, increasing by 14% compared to the prior year, indicating the rising popularity of convenient, on-the-go snacking options. Brands have capitalized on this trend by launching snack formats such as single-serve packs, snack bars and resealable pouches, catering to the need for convenience and mobility.

The snack food market in Canada reached a value of CAD6.2 billion in 2021 and is expected to continue growing in the coming years, driven by factors such as changing consumer lifestyles, increased snacking occasions and product innovation.

3) Growth of small indulgence demand: the lipstick effect

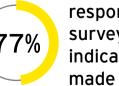
Consumers are increasingly prioritizing groceries and refraining from discretionary purchases as inflation tightens consumer spending. Consumers have moved to small indulgences despite economic headwinds, a phenomenon known as the "lipstick effect." This has bolstered the snack industry as consumers have demonstrated their willingness to spend on the pleasure, convenience and emotional satisfaction derived from affordable luxuries like their favourite snack.

Snacks offering unique flavors, upscale ingredients and artisanal qualities have gained popularity as people forgo larger-ticket spending and strive to elevate their everyday experiences amid challenging economic times. Research also indicates that the lipstick effect demand for snacks is up 20% over pre-pandemic levels, with peak demand for evening sweets and snacks such as ice cream, chocolate, frozen and baked goods, and chips. Brands have adapted by diversifying their product offerings, exploring new flavours, and employing digital marketing strategies to engage consumers and maintain their loyalty.

4 Kid snacking trends

Snacking trends in 2023 were significantly influenced by the preferences of children, the largest group of snack eaters. Parents continue to seek healthier, kidfriendly snack options that are tasty and free from artificial ingredients and excessive sugar. The industry has responded by introducing innovative snacks designed specifically for children, incorporating fun shapes, natural colours and nutritious ingredients. Brands have also focused on providing allergen-free and organic options, addressing the growing concerns of parents regarding their children's dietary needs.





respondents in a survey that indicated snacking made them happy

The snacking landscape in 2023 has witnessed a convergence of market trends, including the prioritization of meal replacements, the return to portable snacks, the "lipstick effect" and changes in children's snacking preferences. Market projections indicate that the future of the snack industry is strong, with continued growth as market dynamics and consumer preferences provide tailwinds to companies that are best able to meet consumers' evolving preferences. Companies that continue to evolve and satisfy consumer preferences will benefit from heightened market interest and increased market valuation when preparing to divest their business(es).





Food and beverage recent announced transactions

Select announced transactions in Q2 2023

All figures in USD, unless otherwise noted

Announced Date	Target	Target HQ	Target Description	Buyer	Buyer HQ	
Alcoholic Bever	Alcoholic Beverages					
Jun 01, 2023	Penelope Bourbon LLC		Producer and retailer of alcoholic beverages offering grain, barrel-toasted, straight whiskeys, cocktails and merchandise. • EV - \$215.8m	Luxco, Inc.		
Jun 12, 2023	Ace Beverage Group Inc.	*	Producer of better-for-you beverage alcohol products including RTD and beer products, distributed through the Canadian liquor board channel. • EV - C\$165.0m	Corby Spirit and Wine Limited (TSX:CSW.A)	(*)	
Jun 23, 2023	Domaine Curry Wine		Producer of wines and operates a portfolio of brands engaged in the distribution, production and selling of various wines.	Constellation Brands, Inc. (NYSE:STZ)		
Bakery						
Apr 28, 2023	Natural Bakery Ltd.	(*)	Operates a bakery shop and also manufactures varieties of rye breads and pumpernickel loaf through its production plant.	Grupo Bimbo, S.A.B.		
Jun 20, 2023	Golden Malted and Heartland Waffles		Producer and supplier of pancake and waffle flour products which is sold through distributors, as well as through its website.	Arbor Investments		





Announced Date	Target	Target HQ	Target Description	Buyer	Buyer HQ
Packaged Food	l				
May 11, 2023	Harvest Food Group, LLC		Operates as a contract manufacturer, supplier, and distributor of frozen food offering entrees, side dishes, meal kits, blends and a variety of products & ingredients.	Industrial Opportunity Partners, LLC	
May 22, 2023	First Place Foods, LLC		Manufacturer of fresh pickles, fermented pickles, relish, and other pickled vegetables for the food service and institutional channels.	Patriot Pickle, Inc.	
Jun 14, 2023	Yasso, Inc.		Producer and seller of frozen Greek yoghurt bars offering raspberry, blueberry, strawberry, vanilla bean, mango, and coconut flavours which sells through stores and online.	Unilever PLC (LSE:ULVR)	4 >
Jun 16, 2023	Love Child (Brands) Inc.	*	Manufacturer and supplier of organic food products for infants and toddlers such as mango and strawberry purées, pat-a-cakes, toodle o's, fruit bars and snacks.	Nature's Path Foods Inc.	*
Pet food					
Jun 20, 2023	Raw Advantage Processing, LLC		Manufacturer of freeze-dried and frozen raw pet food & treats and also provides pet food contract manufacturing and private label services.	BrightPet Nutrition Group, LLC	
Jun 20, 2023	Three Dog Bakery, LLC		Producer and distributor of dog food treats for retailers, grocery stores, drug stores, mass merchandisers, club stores and direct-to-consumer online stores.	Topspin Partners LBO, LP	
Restaurants					
May 03, 2023	Ruth's Hospitality Group, Inc.		Operates 81 company-owned and 74 franchised fine- dining restaurants under the name Ruth's Chris Steak House. EV - \$949.9m EV/Revenue - 1.8x EV/EBITDA - 8.1x	Darden Restaurants, Inc. (NYSE:DRI)	



Announced Date	Target	Target HQ	Target Description	Buyer	Buyer HQ
Snacks					
May 30, 2023	Emerald Nuts of Campbell Soup Company		Operates as a provider of branded snack nuts and also provides go-to option for consumers seeking better-for-you snacking on the go. EV - \$40.0m EV/Revenue - 0.9x	Flagstone Foods, Inc.	
Jun 07, 2023	John Wm. Macy's CheeseSticks, Inc.		Manufacturer of baked cheese sticks, cheese crisps, and crostinis which sells through online and distributors.	Del Sol Food Company, Inc.	



Our food and beverage index consists of the following publicly traded companies:

US food and beverage companies	Ticker symbol
Food processing	

Trans Freds	
Tyson Foods	TSN
The Kraft Heinz Company	KHC
Mondelez International, Inc.	MDLZ
General Mills, Inc.	GIS
ConAgra Brands, Inc.	CAG
Campbell Soup Company	СРВ
McCormick & Company, Incorporated	MKC
Hormel Foods Corporation	HRL
The Hershey Company	HSY
Kellogg Company	K
Beverages	K
•	
The Coca-Cola Company	KO
Pepsico, Inc.	PEP
Constellation Brands Inc.	STZ
Grocery and convenience retail	
The Kroger Co.	KR
Weis Markets, Inc.	WMK
Restaurant and foodservice	•••••
Starbucks Corporation	SBUX
McDonald's Corp.	MCD
Jack in the Box Inc.	JACK
Yum! Brands, Inc.	
Darden Restaurants, Inc.	YUM
Brinker International, Inc.	DRI
	EAT
Dine Brands Global, Inc.	DIN

Canadian food and beverage companies

Food processing

Maple Leaf Foods Inc.	MF
George Weston Limited	WN
Saputo Inc.	SAF
High Liner Foods Inc.	HLF

Beverages

Molson Coors Brewing Company	TAP
Primo Water Corporation	PRMW
Lassonde Industries Inc.	LAS.A
Andrew Peller Limited	ADW.A
Corby Spirit & Wine Limited	CSW.A

Grocery and convenience retail

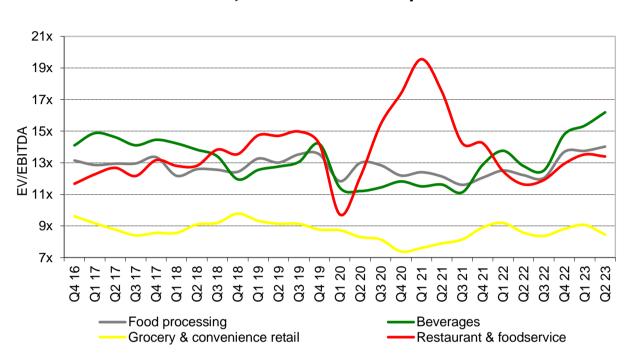
MRU.
ATD.

Restaurant and foodservice

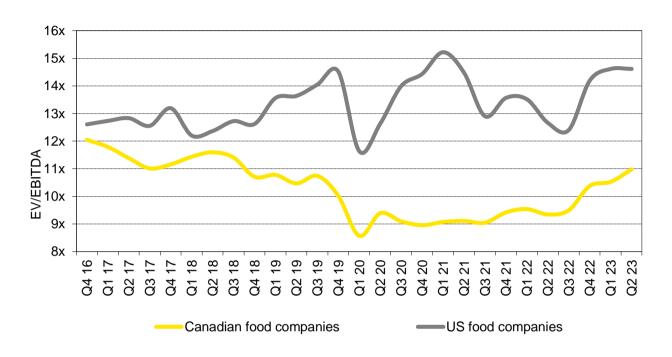
MTY Food Group Inc.

EY Food and Beverage Index

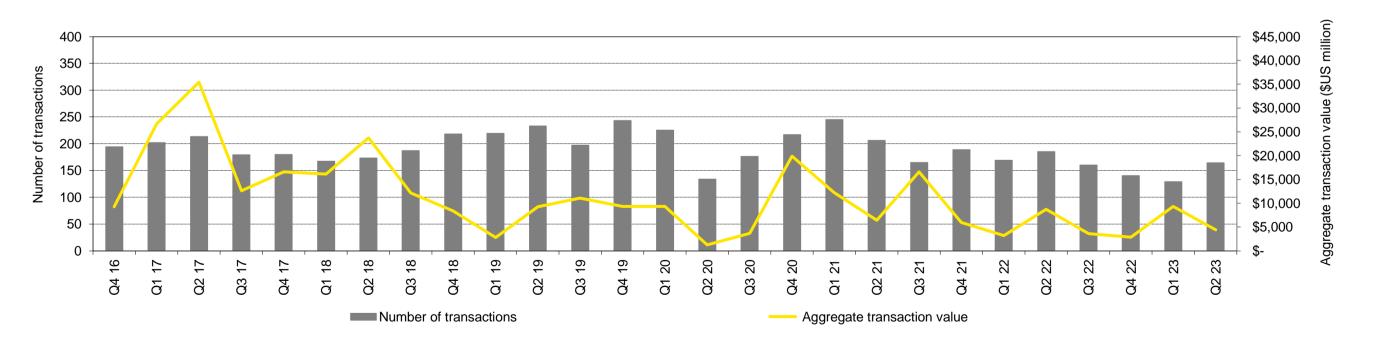
Enterprise value trends by sector

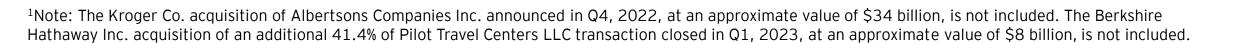


Enterprise value trends by country



North American transaction volume and size¹







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