"Certeza de la Incertidumbre"

don't know high

and send a source a trust to the

Mayo, 2020 Daniel Herrera

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Horario	Detalle
10:00 a 10:02 horas	Bienvenida, presentación e instrucciones
10:02 a 10:45 horas	Certeza de la incertidumbre, Gabriel Herrera
10:45 a 10:58 horas	Preguntas
10:58 a 11:00 horas	Cierre

Algunas instrucciones



Daremos 20 minutos al final de la charla para responder tus dudas.



Para hacer preguntas, escríbela a través de la opción Q&A:

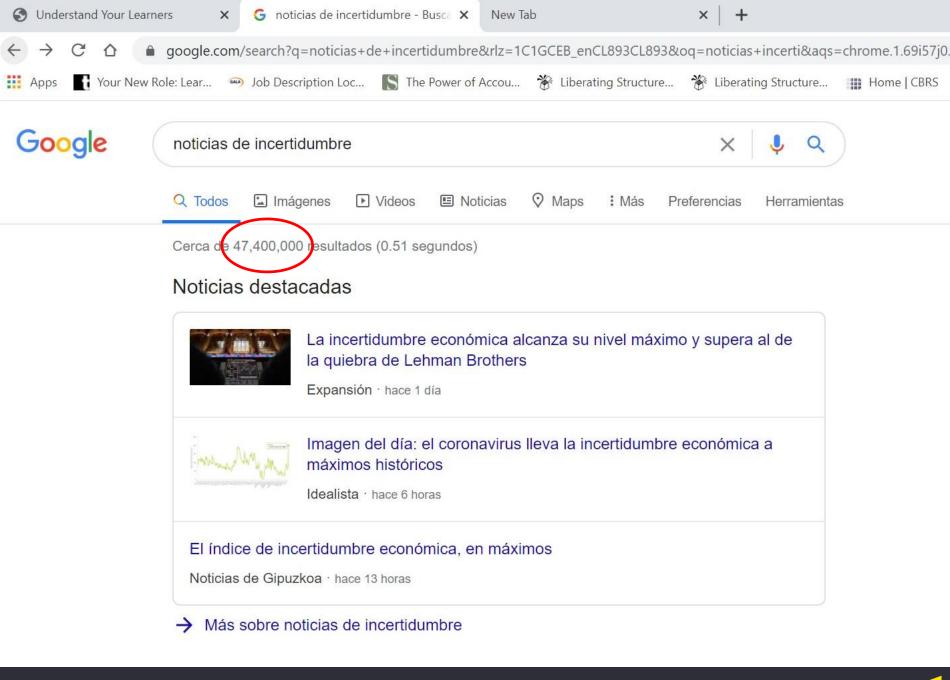
- Debes dirigirte a la parte inferior de la pantalla, hacer clic en Q&A y escribirla
- Así las preguntas que hagas las podrán ver todas las personas que estén conectadas

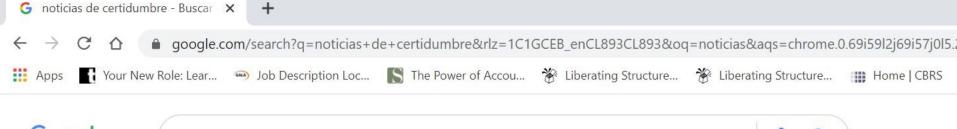


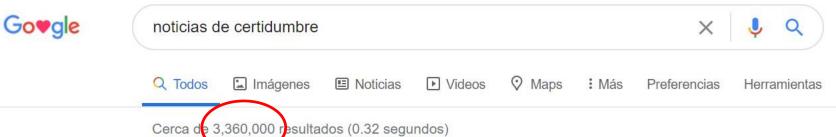












Noticias destacadas



incertidumbre vs certidumbre

Okdiario

hace 18 horas



Tras informe de AMLO, destacan firmeza; exigen certidumbre

El Imparcial hace 21 horas



Pide iniciativa privada certidumbre a gobierno Federal

El Sol de Toluca hace 14 horas

→ Más sobre noticias de certidumbre







"No es la especie más fuerte, ni la más inteligente la que sobrevive.

La que sobrevive es la que mejor responde a los cambios."

Charles Darwin

Certidumbre

Cierto / Certeza Real Nuestra / Propia Conecta Fortalezas Amor





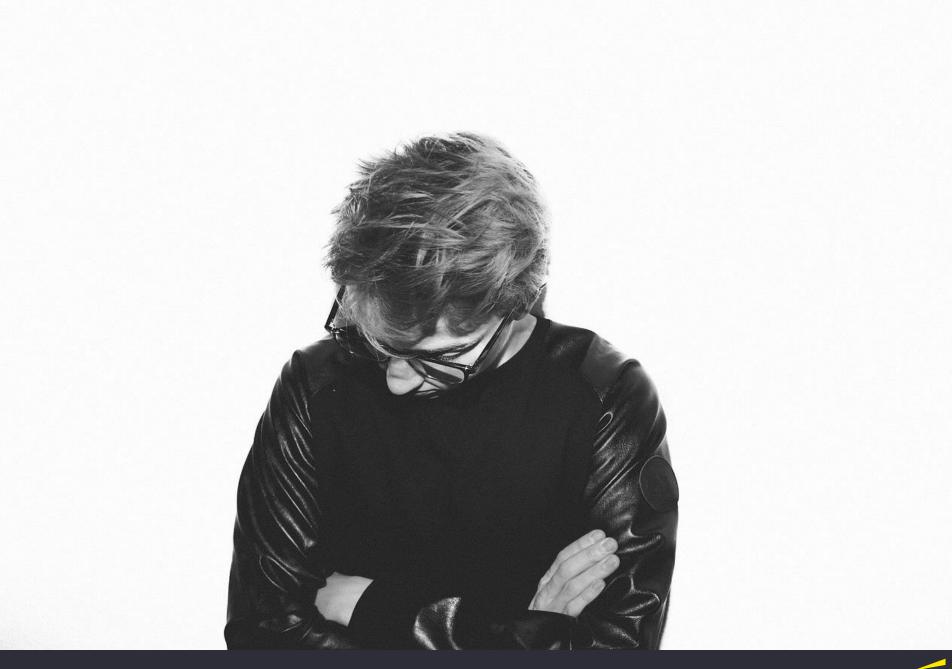
No es cierta Irreal Ajena Externa Desconecta Debilidades Miedo

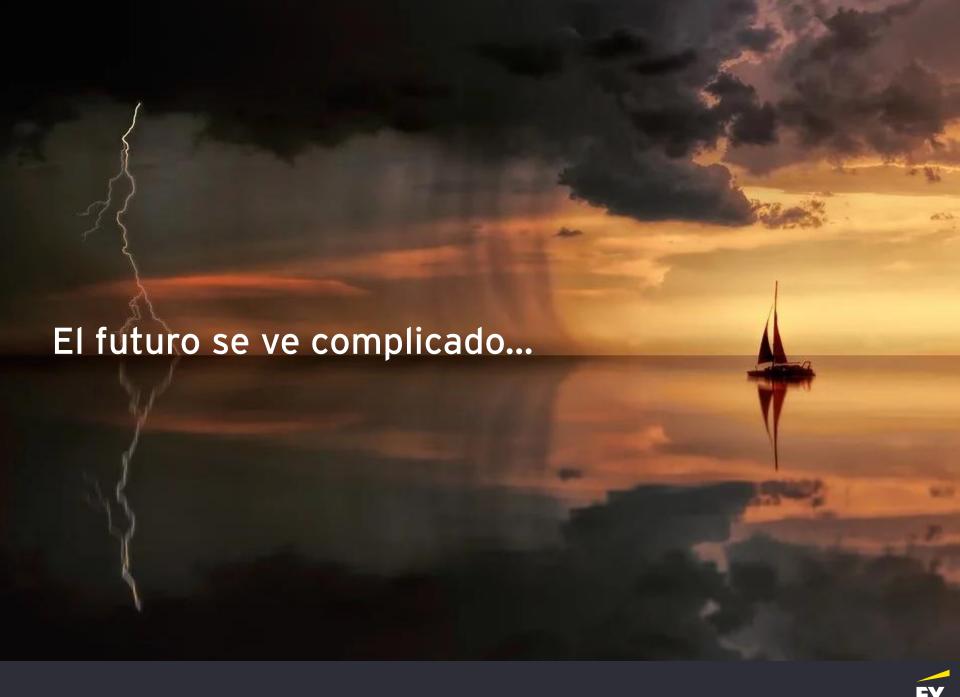






El problema es la Incertidumbre...









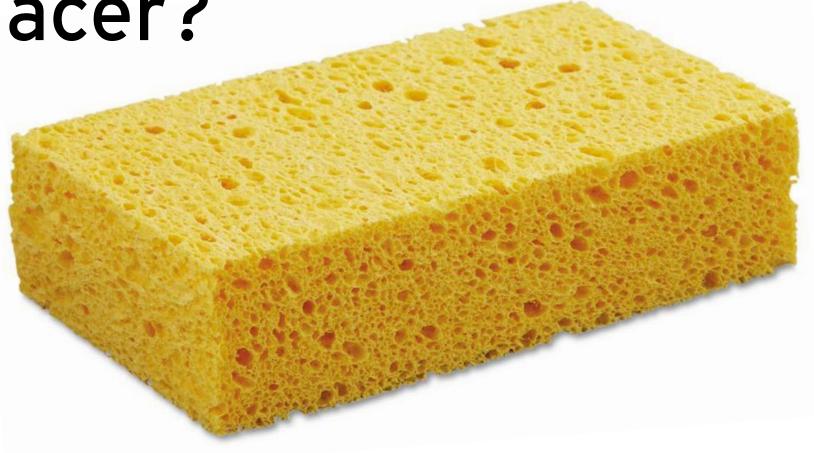








¿Qué podemos hacer?



Volver a mi "certidumbre"
Yo soy responsable
La paz empieza conmigo
Lo importante siempre ha estado
adentro

Aceptar qué puedo y qué no puedo controlar

Hay un camino que recorrer... Visión positiva del futuro (yo elijo)

Ayuda para "cruzar" (contener) Conexión

Solidaridad / Ayudar / Apoyar / Respeto





Solidaridad / Ayudar / Apoyar / Respeto



Con el objetivo de prestar apoyo para enfrentar los casos de COVID-19, hemos puesto a disposición de Clínica Las Condes dos BMW X3, equipados para prestar asistencia a pacientes que están imposibilitados de dirigirse por su cuenta a la clínica. Esta alianza tiene como objetivo principal facilitar el servicio de Test PCR a domicilio, para resguardar la seguridad de los pacientes.

#BMWChile #MantenteSeguro





Solidaridad / Ayudar / Apoyar / Respeto

Si vamos a luchar contra alguna enfermedad hagámoslo contra la peor de todas:
La indiferencia

Patch Adams



Dios concédeme la serenidad para aceptar las cosas que no puedo cambiar,

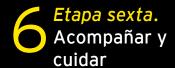
el valor para cambiar las cosas que puedo,

y la <mark>sabiduría</mark> para reconocer la diferencia.





Buckman **Empatía**



Etapa quinta.

Responder a los sentimientos
Ayudando a ayudar (cuerpo y
mente y alma)

Etapa cuarta.
Compartir la verdad. Confirmar y no suponer. No explicar. (Pensar / Sentir / Actuar)

3 Etapa tercera.
Yo hablo / explico /
informo sólo si se quiere
(hay que dar tiempo)

Etapa segunda.

El/Ella habla, <u>yo</u>

escucho, yo escucho,
yo escucho

Etapa primera.
Preparar ambiente.
"escuchar el Kayros"
Dónde, cuándo, cómo,
quiénes





Probablemente de todos nuestros sentimientos, el único que no es verdaderamente nuestro es la

ESPERANZA

La Esperanza le pertenece a la vida.
Es la vida misma defendiéndose.
Julio Cortázar

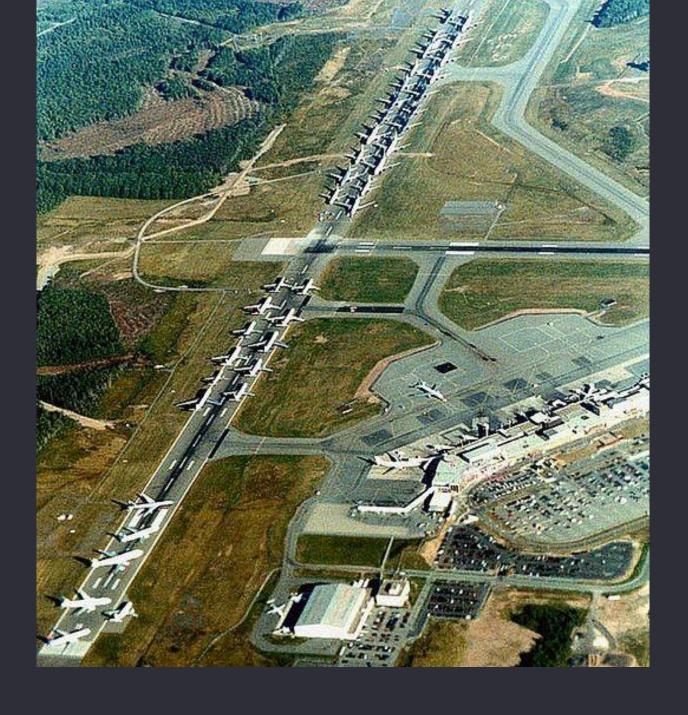




















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